



# Karate Course

## 28.4. - 29.4.2018

### Plauen/Jößnitz

*Instructors:*

**Stephen McGlinchey** 5.Dan Shotokai/NGB 9.Dan  
**Mohi Chowdhury** 5.Dan Shotokai/NGB 7.Dan  
**Kristian Korb** 3.Dan Shotokai

**Date:** Friday 27.4.2018 Arrival (non-residential participants)  
 Sunday 29.4.2018 Departure (Monday possible according to prior agreement)

**Place:** Training will be held in the gym of „Shotokai Plauen / SG Jößnitz“  
 Gerhardt Hauptmannstraße 22 , 08547 Plauen

**Outline of Event:** It is a two-day weekend course. Topic of the course: Kata, applications and drills, Bo Jutsu / Kata.

**Participants:** all Gradings

**Transportation:** Participants are expected to make their own travel arrangements.

**Costs:** 30,- € adults  
 20,- € young people  
 10,- € children up to 14 years

|                         |           |   |
|-------------------------|-----------|---|
| <b>Schedule:</b> Friday | 27.4.2018 | Arrival / Instructor meeting                    |
|                         | Saturday  | 28.4.2018                                       |
|                         |           | 10.00 - 12.00 <b>Keiko 1</b> children - adults  |
|                         |           | 12.00 - 13.00 Lunchbreak / Photosession         |
|                         |           | 13.00 - 14.30 <b>Keiko 2</b> children - adults  |
|                         |           | 14.45 - 16.30 <b>Keiko 3</b> adults             |
|                         |           | 16.45 - 17.45 <b>Keiko 4</b> blue - black belts |
|                         |           | 19.00 Dinner                                    |
|                         | Sunday    | 29.4.2018                                       |
|                         |           | 10.00 - 12.30 <b>Keiko 5</b> children - adults  |

This is a temporarily plan- changes are possible!!!!

**Liability:** The organiser refuses any liability. The participation is at own risk.

**Contact details:** Kristian Korb (Instructor „Karate Do Shotokai Plauen“)  
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