

2026 IKDS SUMMER TRAINING

A week of sustained karate practice... with your feet in the sand!



**FROM SATURDAY 11 TO
SATURDAY 18 JULY 2026**

in OUISTREHAM

Camping Mirabel Les Prairies de
la Mer ****

Registrations before 30
May 2026

Contact

info.ikds@gmail.com

**INTERNATIONAL KARATE-
DO SHOTOKAI FEDERATION**

Come and practise shotokai karate-do away from the tatami, with sensei and practitioners from all over France and Germany, in a warm and studios atmosphere!



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